

Doeth am Iechyd Cymru

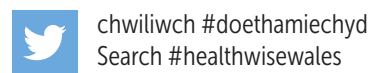
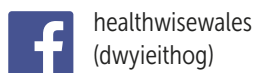
HealthWise Wales

Your information will protect the health of the nation

HealthWise Wales is a research study aiming to develop better treatments and manage long term health conditions such as heart disease, dementia, diabetes, mental health and cancer. If you're over 16 and live in Wales, we need your help. Whether you're young or old, fit or unwell, by registering online you will be asked to answer simple questions about your health and lifestyle every six months. The information you provide will help the NHS in Wales plan for the future and will protect the health of the nation. This is your opportunity to be part of shaping the health and well being of future generations in Wales.

Register or find out more: www.healthwisewales.gov.wales

This project is led by Cardiff University, in partnership with Swansea University and funded by the Welsh Government.



Mae'r ddogfen yma hefyd ar gael yn Gymraeg.
This document is also available in Welsh.

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